

# Quest Food Management

001993 - pasta- spaghettiios : nslp	Components	Attributes
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: servings	Meat/Alt: Grains: 0.75 oz Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
903125 pasta spaghettiios dino gfs 534676....	4 1/4 #10 can	

\*Nutrients are based upon 1 Portion Size (servings)

Calories	198 kcal	Cholesterol	0 mg	Protein	5.20 g	Calcium	20.80 mg	9.47%	Calories from Total Fat
Total Fat	2.08 g	Sodium	853 mg	Vitamin A	6.2 RE	Iron	1.50 mg	4.74%	Calories from Saturated Fat
Saturated Fat	1.04 g	Carbohydrates	38.48 g	Vitamin A	312.0 IU	Water <sup>1</sup>	0.00 g	0.00%	Calories from Trans Fat
Trans Fat <sup>1</sup>	0.00 g	Dietary Fiber	3.12 g	Vitamin C	0.0 mg	Ash <sup>1</sup>	0.00 g	77.90%	Calories from Carbohydrates
								10.53%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values